



Date: 19th April, 2018

Prepared from Elect 4B Chapter 3

Part A: Vocabulary (40%)

1. beef	2. steak	3. tomatoes
4. lettuce	5. broccoli	6. carrots
7. peas	8. cherries	9. lychees
10. healthy	11. chart	12. report
13. less	14. enough	15. delivery

Part B:

(i) Paragraph (40%)

Hamburgers and French fries are bad for us. We need to eat fewer of them because they have a lot of fat and oil.

We need to eat more vegetables and fruit because they help us grow well. We should not eat too many sweets or drink too much cola. That's bad for our health.

We should drink more milk because it is good for our teeth and bones.

(ii) Learn by Heart (20%)

1. We need to drink eight glasses of water a day.
2. An apple a day keeps the doctor away!